



 AMERICAN PSYCHOLOGICAL ASSOCIATION

# Families, Systems, & Health

Official Journal of Collaborative Family Healthcare Association

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## *Families, Systems & Health* Special Section – Call for Papers

### **Effectively Addressing Burnout, Well-being and Resilience: Individual, Team, and System Approaches**

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More than a decade ago the *Institute of Healthcare Improvement* introduced the “Triple Aim” for health care as an aspirational guide to improved population health. It was quickly pointed out that the original three-dimensional aim - improving the health of populations while enhancing the experience of care for individuals and reducing the per capita cost of health care - is virtually impossible without supporting clinician well-being and advancing health equity (i.e., Quintuple Aim). Patient outcomes and, ultimately, population health are directly and indirectly affected by burnout, well-being and resilience among clinicians in integrated and primary healthcare. Due to the magnitude of the problem of clinician well-being, widespread efforts to research, understand, and effectively address burnout and well-being in healthcare systems are underway through support of various organizations including the *National Academy of Medicine, Health Resources and Services Administration, National Committee for Quality Assurance, and National Academy of Sciences* among others.

In this special section, we aim to present work that is uniquely pertinent to the mission of *Families, Systems, & Health* ([www.apa.org/pubs/journals/fsh](http://www.apa.org/pubs/journals/fsh)). While we welcome work that focuses on the study

of burnout, well-being, and/or resilience among individual clinicians, we are especially interested in study of these topics among healthcare teams and systems-level interventions. We especially invite studies among historically underrepresented and diverse healthcare professionals (broadly defined).

This special section will incorporate various types of papers submitted in response to this open call for original research articles. Cross sectional, correlational, and intervention studies as well as systematic reviews will be considered. Conceptual articles and commentaries may also be considered.

In accordance with the journal's commitment to equity, diversity and inclusion and in coordination with the *Collaborative Family Healthcare Association*, we hope to further support efforts to elevate underrepresented perspectives as hold space and openness to the many dimensions of diversity, including (but not limited to): age, sex, gender identity, racial and ethnic identity, culture, sexual orientation, disability status, socioeconomic status, educational level, clinical diagnoses, geography, professional discipline or guild, and career stage (<https://www.apa.org/pubs/journals/fsh?tab=5#tabs>).

Potential **topics** of interest for the special section include, but are not limited to:

- Manuscripts describing original effectiveness studies of interventions and/or factors related to burnout reduction and enhancement of provider well-being and resilience in healthcare professionals across one or more levels: 1) the individual, 2) healthcare teams (including interprofessional teams), and/or 3) in systems (within and/or across clinics and broader systems).
- Key factors related to burnout, well-being and resilience with a focus on healthcare professionals from diverse, underrepresented and marginalized groups. How do these factors influence culturally responsive program development and system/policy structures? What are the implications for potential interventions?
- Translation of science including interventions and system-level and policy solutions, with special attention to work that can speak to the questions of what we should do and what we can do in terms of policy and scaling interventions (e.g., adoption of effective models of well-being within and across systems) with meaningful, impactful, and sustainable outcomes.

If you have questions about the appropriateness of a given topic, feel free to contact the special issue guest editors.

**First Step:** Letter of Intent (LOI) – due Sept. 22, 2023

- Interested authors should submit a 1-page, single-spaced LOI describing the type of submission, focus, design/methods, samples, outcomes and significance of their intended contribution
- LOIs should be submitted through email to [Abbie.Beacham@louisville.edu](mailto:Abbie.Beacham@louisville.edu)
- Please put "Letter of Intent for FSH Special Section" in the subject line

**Timeline:**

Sept. 22, 2023 – LOI due

Oct. 20, 2023 – Selected proposals will receive an invitation for full manuscript submission

Dec. 8, 2023 – Full manuscript submission due

May 31, 2024 – Final acceptance of submissions

Sept. 2024 – Publication of Special Section