



SBSN TIMES

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OUR TEAM:

EDITORS:

NASIMAKHON ERGASHEVA

QALANDAROV MA'MURJON

CHIEF DESIGNER: RAYIMJANOV KHUMOYUN

ARTICLE DESIGNER: QALANDAROV MA'MURJON

ADDRESS:

101, SANOAT STREET, NAMANGAN CITY, UZBEKISTAN.

e-mail: nasima6981@gmail.com

telegram: https://t.me/SBSN_TIMES



MARCH 21, 2025



Breaking **NEWS**

School No. 1, Namangan: Champions of the "ELO International" Regional Stage!

Heartfelt congratulations to School No. 1, Namangan, for clinching 1st Place in the Regional Stage of the prestigious "ELO International" Olympics in English! This phenomenal achievement reflects the hard work, dedication, and talent of both the students and their brilliant coaches.

We are proud to celebrate the outstanding team members who brought this honor to our school.

Boboev Tolibjon (11-02)

Akramova Komila (9-01)

Nabijonov Sarvarbek (10-01)

Kadirov Diyorbek (11-01)

Shamsiddinov Sayfullo (11-01)

Mahammadshavkatov Asadbek (11-01)

Quzibaev Ziyodullabek (11-02)

A special shout out goes to the incredible coaches, Dadajanova Nafisa and Ergasheva Nasima, whose guidance and support were instrumental in this victory.



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This victory is not only a testament to the students' mastery of the English language but also their teamwork and perseverance. As they prepare for the Republican Stage, we're confident that they will continue to shine and make Namangan proud. We look forward to seeing their excellence on an international platform soon.

Way to go, team! Your hard work truly inspires us all. Keep reaching for the stars!

Navruz: A Celebration of Spring and Renewal

Navruz, also known as Nowruz, is one of the most vibrant and cherished holidays in Uzbekistan and across Central Asia. Celebrated on March 21, the day of the spring equinox, Navruz marks the arrival of spring and symbolizes new beginnings, hope, and renewal. The name itself translates to "New Day," and it truly feels like one.

This ancient festival has roots going back over 3,000 years, originating in Zoroastrian traditions. Today, it's a colorful mix of cultural, spiritual, and social customs. In Uzbekistan, Navruz is more than just a day—it's a whole vibe. People start preparing weeks in advance by cleaning their homes, planting trees, and cooking traditional dishes. It's all about starting fresh and spreading positivity.



One of the highlights of Navruz is sumalak, a sweet, thick dish made from sprouted wheat. Cooking sumalak is a communal affair—friends and family gather around a giant kazan (cauldron), taking turns stirring the mixture for hours while singing, laughing, and making wishes. It's not just food; it's a symbol of unity and shared joy.

The celebrations don't stop there. Streets come alive with music, dance, and festivals. From traditional wrestling matches to craft fairs, there's something for everyone. Kids get treats, elders receive respect, and everyone exchanges warm wishes for the year ahead.

Navruz isn't just a holiday; it's a reminder to embrace life's cycles, cherish community, and look forward to brighter days. Whether you're in Tashkent or a small village, the spirit of Navruz is infectious. It's a time to celebrate life, love, and the beauty of nature. Happy Navruz!



***Article by Nabijonov Sarvarbek 10-01**

Chapter III: Why Knowledge is dangerous?

Knowledge is often seen as the light that guides us out of ignorance, but it's not always as harmless as it seems. Like fire, knowledge can warm and illuminate, but when mishandled, it can also burn. The danger doesn't lie in knowledge itself—it's in how we use it and the journey it takes us on.

One of the risks of knowledge is the way it challenges our beliefs. When we start learning, we might feel disconnected from ideas we held dear. As Francis Bacon puts it: "A little science estranges a man from God; a lot of science brings him back. At first, knowledge creates doubt, logic replaces faith, and the unseen is dismissed. But the deeper he explores, the more he sees order in chaos, precision in nature, and limits to human understanding. The universe is not random; it follows laws too perfect to be accidental. In the end, he realizes that science does not destroy faith—it reveals it. What he called reason now leads him back to the very truth he once denied." This journey of knowledge can be unsettling—it pushes us out of our comfort zone. But, as Bacon suggests, the deeper we dig, the more it can reconnect us with something greater.

Philosophy helps us see the double-edged nature of knowledge. While it empowers us to think critically and solve problems, it can also lead us down paths of uncertainty. Consider discoveries like nuclear energy: a marvel of human ingenuity, yet with destructive potential if misused. Similarly, the rapid growth of artificial intelligence brings incredible possibilities but raises ethical concerns we can't ignore.

In the end, knowledge is dangerous not because it inherently harms us, but because it asks us to question everything, including ourselves. It forces us to face hard truths and carry the responsibility of what we uncover. Perhaps, it's this weight that makes knowledge truly

powerful—and why we must wield it wisely. After all, the pursuit of understanding isn't just about answers; it's about the balance between curiosity and caution.



***Article by Qalandarov Ma'murjon 10-01**

March 21: A Date Packed with Legends

There's something special about March 21—it's almost like the universe decided, "Let's load this day with talent." Across music, sports, acting, and even racing, this date has given us some absolute legends.

First up, Ronaldinho, born in 1980. If you know anything about football, you know this Brazilian magician with the ball. His dribbles, no-look passes, and trademark grin lit up stadiums around the world. Ronaldinho didn't just play football; he made it an art form.

Then there's Gary Oldman, one of Hollywood's best chameleons, born in 1958. Whether he's Commissioner Gordon in *The Dark Knight*, Sirius Black in *Harry Potter*, or Winston Churchill in *Darkest Hour* (for which he bagged an Oscar), Gary proves there's no character too complex for his genius.

The world of racing remembers Ayrton Senna, born in 1960. This Brazilian Formula One legend wasn't just fast—he was iconic. Known for his fearless driving and unmatched skill, Senna's name is still synonymous with greatness on the track.

And let's not forget Antoine Griezmann, born in 1991. This French footballer is a star in his own right, with a World Cup trophy to prove it. Tactical, stylish, and clutch when it matters, Griezmann keeps the March 21 tradition alive.

So yeah, March 21 isn't just a date—it's a lineup of legends who've left their mark on the world, each in their own unforgettable way. Cool, right?



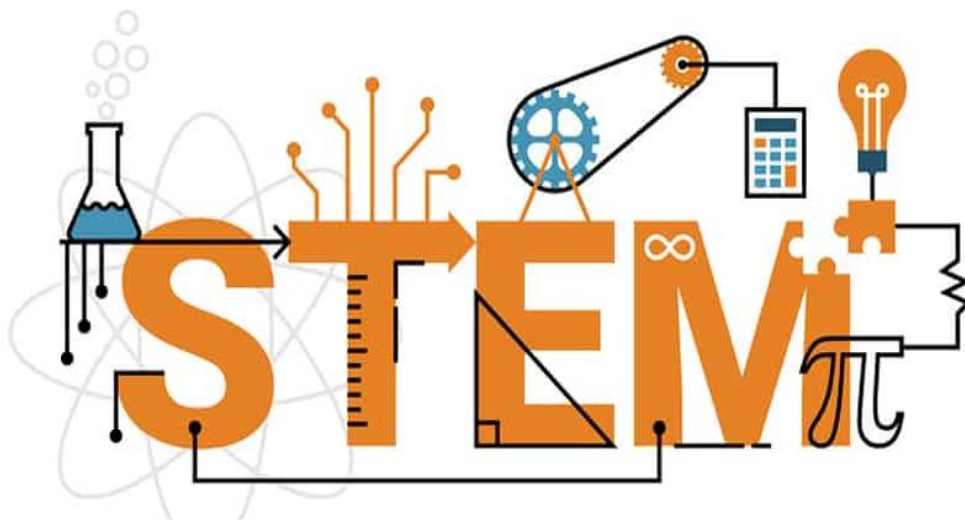
The Power of STEM Education: Transforming Futures in Developing Countries

STEM (Science, Technology, Engineering, and Mathematics) education is more than just a buzzword—it's a game-changer, especially in developing countries. While the challenges in these regions are immense—limited resources, underfunded schools, and out dated curricula—STEM education offers a path toward innovation, empowerment, and progress.

Think about it: countries facing issues like access to clean water, affordable energy, or healthcare can't always rely on solutions imported from wealthier nations. Local STEM-educated individuals have the potential to create home-grown, affordable innovations that directly address these problems. Imagine a budding engineer in a rural village designing low-cost water filtration systems or a young coder building apps to improve education in remote areas. With STEM, the possibilities are endless.

There are already success stories to inspire us. For example, in Kenya, the Solar Sister project empowers women to distribute solar energy kits, bringing electricity to off-grid areas. Similarly, in India, young scientists and engineers have pioneered low-cost medical technologies, saving countless lives.

What makes STEM particularly transformative is its ripple effect. When one student masters engineering or coding, they inspire others. A community sees the value of education and the potential for real, tangible change. Sure, there's a long way to go, but with investments in teacher training, access to tech tools, and creative community projects, the future looks bright. So, why STEM? Because it doesn't just solve problems—it creates opportunities, inspires innovation, and transforms lives.



Lessons from Chess: How a Game of Strategy Shapes Real-Life Skills

Chess isn't just a game—it's a master class in life skills, cleverly disguised as 64 squares. Whether you're a casual player or a competitive strategist on platforms like Chess.com or Lichess.org, the game has plenty to teach that extends far beyond the board.

First and foremost, chess sharpens your strategic thinking. Every move you make has consequences, and a single wrong step can turn the tide of a match. That same ability to think several steps ahead is invaluable in real life, whether you're solving a tricky problem at work or planning your next big project. Chess teaches you to weigh your options, evaluate risks, and make decisions with clarity and purpose.

The game also builds resilience. Let's face it—everyone's experienced a devastating loss because of one hasty move. But in chess, there's no time to dwell on mistakes. You learn to shake it off, figure out where things went wrong, and come back stronger. This mindset applies to everything from academics to career challenges; failure becomes a lesson, not the end.

And let's not forget focus. Chess requires your undivided attention—there's no room for distractions when you're working on a game-ending tactic. Platforms like Chess.com and Lichess.org are great for honing this skill, offering puzzles and timed games that push you to stay sharp. This kind of mental discipline spills over into daily life, whether it's powering through a challenging assignment or staying present during important conversations.

Then there's creativity. Chess isn't just about playing by the book—it's about outsmarting your opponent in unexpected ways. Whether you're devising a brilliant checkmate or sneaking out of a tough position, the game stretches your creative muscles. And let's be honest—this kind of out-of-the-box thinking is invaluable in fields like engineering, entrepreneurship, and even everyday problem-solving.

Finally, chess has a community aspect. Online platforms like Lichess.org and Chess.com connect you with players worldwide, allowing you to learn from others and grow as a competitor. It's a reminder that chess, while solitary at times, is also about sharing strategies, building friendships, and engaging in healthy competition.

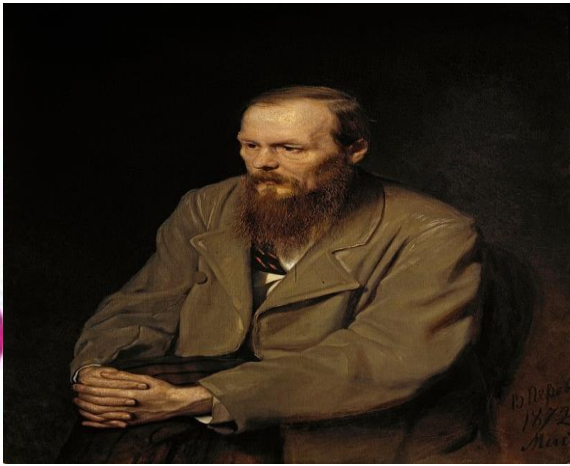
So, if you've ever thought chess was just a board game, think again. It's a life coach in disguise, teaching you focus, resilience, and the art of thinking ahead—all while you're having fun. Ready to make your next move?

***Article by Qalandarov Ma'murjon 10-01**

The 19th-20th Century Literature: Titans Who Shaped Russian (and European) Thought

The 19th and 20th centuries were a golden age for literature, and if you're into existential dread, moral dilemmas, or peering into the darkest corners of the human psyche, these were the folks who wrote the rulebook. Russian and European literature of this time didn't just entertain—it rattled minds, sparked revolutions, and redefined storytelling. Let's dive into some of the heavyweights.

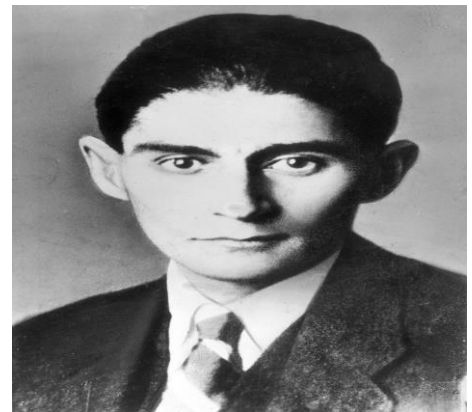
First up: Fyodor Dostoyevsky. If you've read *Crime and Punishment* or *The Brothers Karamazov*, you know Dostoyevsky wasn't afraid to dig deep into the human soul. This guy could turn a simple act—like stealing or doubting God—into a sprawling exploration of guilt, redemption, and morality. His characters weren't just people; they were philosophical battlegrounds. Raskolnikov and Ivan Karamazov practically ooze with inner turmoil, dragging you down (in the best way possible) into the depths of their crises.



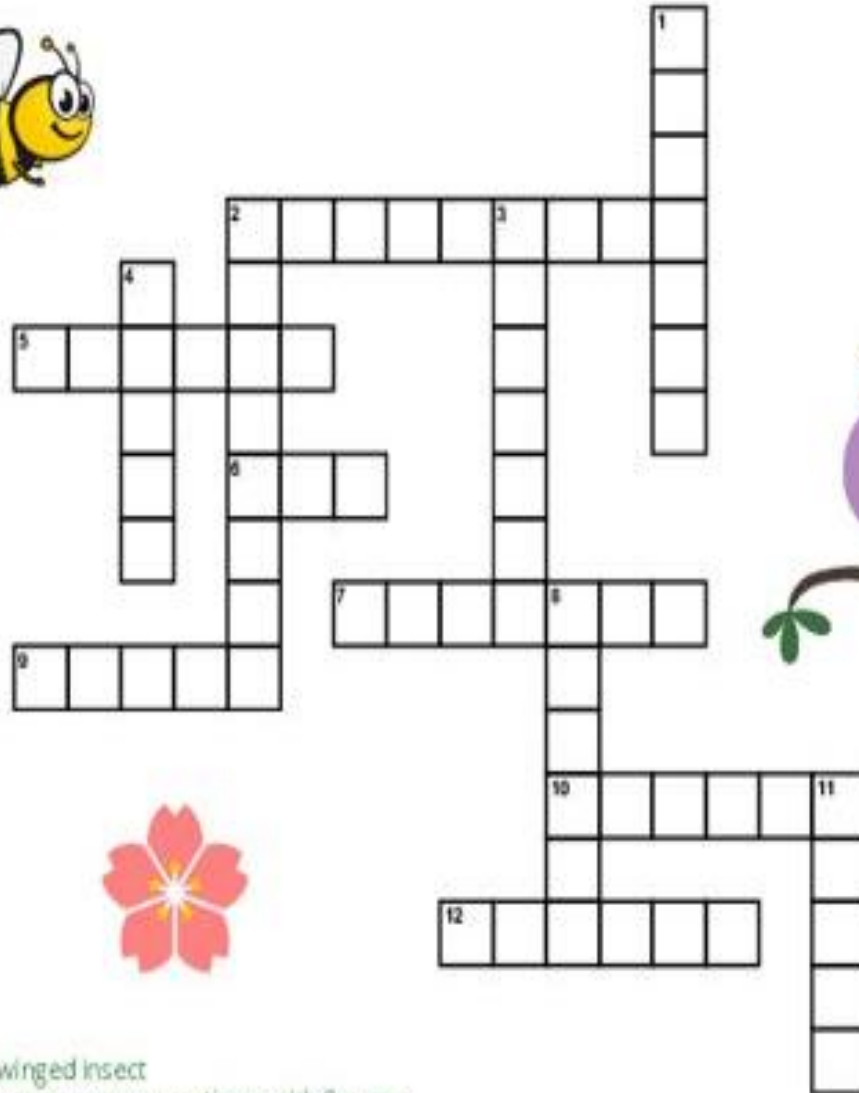
On a slightly different note, we have Franz Kafka—though technically not Russian, his works belong to the same existential literary vibe. Kafka's 20th-century stories, like *The Metamorphosis* and *The Trial*, capture the absurdity of modern life. Turning into a giant insect? Dealing with a nightmarish bureaucracy? Classic Kafka. His tales make you feel small, confused, and paranoid—and yet, somehow, totally understood.

Russia wasn't done producing icons after Dostoyevsky. Leo Tolstoy, Dostoyevsky's contemporary, gave us epics like *War and Peace* and *Anna Karenina*. Tolstoy was all about sweeping sagas, big questions about love and society, and reminding you just how long a novel can actually be. Fast forward to the 20th century, and figures like Mikhail Bulgakov (*The Master and Margarita*) or Aleksandr Solzhenitsyn (*One Day in the Life of Ivan Denisovich*) kept Russian literature edgy and subversive under the shadow of Soviet rule.

So what's the deal with these writers? They didn't just write stories; they sculpted windows into the human condition. Their works are timeless because they confront the same fears and questions we wrestle with today. Whether you're spiralling into Dostoyevsky's moral mazes or Kafka's surreal nightmares, these literary titans remind us of one thing: life is messy, complicated, and deeply, deeply fascinating.



Spring Crossword



Across

- [2] Small winged insect
 [5] Grassy open space sometimes with flowers
 [6] Word for planting seeds, you ___ seeds
 [7] April showers bring may _____
 [9] _____ migrate back north in spring
 [10] The dutch national flowers
 [12] Some people grow fruits, vegetables or flowers in them

Down

- [1] Small red insect with black spots
 [2] Grow on certain trees, cherry _____
 [3] Appears after it rains
 [4] First month of spring
 [8] Holiday during spring
 [11] You bury them in the ground to grow plants



